

MAURICE ZEFFERT NEWS

July 2023 Edition



THE 'ZEFFERT AMBASSADOR' AWARD

The winner of the Zeffert Ambassador Award for May was Naz Aspandiar for her amazing work in the Therapy Department. The winner of the award for June was Cheryl Ockwell for always helping everyone and for all her work behind the scenes at Maurice Zeffert.



WELCOME TO OUR NEW STAFF



In June and July we welcomed the following new staff members:
Enabling Companions - Eden Diamant, Amandeep Kaur, Tshering Choden, Sonam Lhamo and Tshering Yangdon
Registered Nurses - Nico Santos and Tanya Ilagan
Maintenance Officer - Ofer Lefelman

MEET OUR JEWISH STAFF MEMBERS



YVONNE GOLDMAN

KAREN MOSS

SHIRLEY PIKOOS

MARLENE ROBINSON

KAREN FUCHS

JAN KAYE

GAIL STEGEHUIS

SHARON CHERNY

OFER LEFELMAN

EDEN DIAMANT

We occasionally get feedback from residents and relatives that there are no Jewish staff at Maurice Zeffert. On the contrary, we have ten Jewish staff members, with Yvonne Goldman the longest serving, having been with the organisation for over twenty-five years.

JUNE AND JULY BIRTHDAYS

Happy Birthday to the following residents:

- Alan Lewis
- Toby Ellert
- Roger Rudd
- Ivan Bercove
- Gloria Herman
- Kevin McBride



- Mervyn Jackson
- Robert Raymen
- Liberty Stark
- Rachelle Cohen
- Risa Silbert
- Stanley Abelman





HAPPY 60TH WEDDING ANNIVERSARY!

A lovely morning tea was held in the Hostel Hub to celebrate the 60th Wedding Anniversary of Svetlana and Ilavou Abdourakhmanova. Their daughter, Marina, brought in a delicious cake and a special time was had by all.



SHABBAT WITH A HEART - 26 MAY

Shabbat with a Heart was held on Friday 26 May. Thanks to Shirley Pikoos and her team of amazing staff, this was a wonderful evening of residents, family and great food.



RUTH LANDAU HARP CHILD CARE VISIT - 02 JUNE

A highlight for a group of residents was their visit to Ruth Landau Harp Early Learning Centre. Children visiting Maurice Zeffert bring such joy to residents, staff and visitors, and residents visiting the children at RLH adds another dimension. Shades of the ABC series 'Old People's Home for 4 Year Olds!'



SCULPTURES WITH LISA - 8 JUNE



On 08 June, Lisa led a sculpture activity, the result being a family of unique gnomes. Working with clay facilitates the maintenance of fine motor skills and encourages creativity and social interaction as well as producing cute gnomes.

CYCLING WITHOUT AGE - 14 JUNE

We offered the activity Cycling without Age a few months ago and the word went round that it was a good experience so more residents took the opportunity to enjoy our recent outing.





GARDENING - 14 JUNE



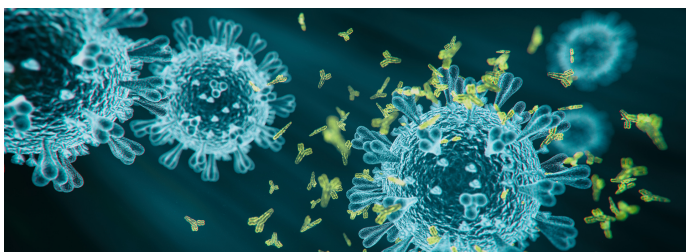
Therapy Assistant Gulia leads the gardening activities and she and her gardening residents potted up succulents and decorated the pots. They are growing very well and will make lovely gifts if Gulia repeats the activity. The benefits of gardening are many, including feelings of wellbeing and calmness and increased social interaction.

VIV STODEL DANCERS - 20 JUNE

Vivienne Stodel and her beautiful dancers volunteered their time to perform for our residents at our Sunday Concert Series on 20 June. Residents and staff loved the performances by the Silver Swans, a group of older ballet dancers, one of whom had only been dancing for six months; ballerinas in their teens who have been taught by Viv since the age of five; three gorgeous children who performed a piece called Butterfly and Fairies; and Viv and three dancers who performed as the Flamenco Ladies.



COVID-19 UPDATE



Thankfully our recent COVID-19 outbreak is now over. Just a reminder to all visitors to test for COVID using a Rapid Antigen Test (RAT) prior to visiting the Home, to wear a mask when necessary, and to stay home if you are unwell. Thank you for helping to keep our residents, staff and families safe.

TAGGING AND TESTING ELECTRICAL EQUIPMENT

All electrical items brought into the facility by residents are required to be tagged. On admission one of our maintenance team will come to your room to tag your equipment at a cost of \$20 per item. This process is repeated annually. No double adaptors are to be used, only power boards if necessary.





ARMCHAIR TRAVEL TO ISRAEL - 22 JUNE

We were lucky enough to travel to Israel in Business Class on MZ Airlines without worrying about the weather, the crowds or inflated prices. The crew - Captain Karen D, Vice-Captain Edwina, Head Flight Attendant Philippa, Purser Shirley and Flight Attendants Naz, Sharon, Karen F and Lydia - helped passengers to board.

Cabin crew offered water and a snack as Captain Karen welcomed everyone aboard and handed over to Philippa who introduced her cabin crew. Edwina

provided safety instructions which had residents scrambling under their row for the foam noodle that in the event of an emergency could be deployed as a parachute, a life jacket and a floating device by everyone in the row. No expenses spared on MZ Airlines! The boxed meal arrived and with it a choice of tea or coffee. The plane landed at Tel Aviv's Ben Gurion International Airport and passengers were treated to a virtual walking tour of Jerusalem. Tired and happy they returned to the plane and Captain Karen flew them back to Perth. Next trip - Africa!



Welcome Aboard
MZ Airlines!



LAKEFARM RETREAT - 18 JULY



A group of residents were treated to a wonderful morning at Lakefarm Retreat. With the weather overcast and a bit chilly, they took a brief walk around the homestead then sheltered in the picturesque gazebo room (rotunda) and were thoroughly spoilt with morning tea and a game of bingo. We thank Monica and Debby Silberman for their generous hospitality and kindness.

SNAPSHOTS FROM JUNE AND JULY

