

MAURICE ZEFFERT NEWS

September 2023 Edition



THE ZEFFERT EXPERIENCE AWARD

The July Award went to Evelyn Gbangaye. Evelyn is always happy and cheerful and works with a beautiful smile on her face. She is always willing to help others and is a great team player. She brings so much joy and positivity into our residents' lives. Well done, Evelyn!

The August Award winner was Aashish Neupane. Although he has only been at MZ for a short while, Aashish was nominated by three colleagues for his great teamwork and willingness to help others. He is known by all for his cheerful personality, which brings joy and happiness to our residents. Thank you, Aashish, for your hard work and commitment to our residents.



WELCOME TO THE NEW STAFF WHO JOINED US IN AUGUST AND SEPTEMBER



Enabling Companions

Tshering Yangden
Anuma Rai
Dolkar Lhamo
Thukten



Registered Nurses

Bhavana Satyal
Cissy Nabulo
Sabita Dong Tamang
Laxmi Neupane



Senior Corporate Accountant

Roanne Bagarino



Catering

Melvin Sutanto
Shandhya Adhikari
Sonam Deki
Mercedes Briones
Imelda Octaviano
Angeli Maria
Tenzin Wangchuk
Saraswati Adhikari
Bijay Maharjan
Pushkar Amar

MESSAGE FROM CALVIN GREEN - OUR NEW HOSPITALITY MANAGER



'I have been working in the hospitality industry for over twenty years, starting my apprenticeship at the age of fifteen with one of Perth's most recognised fine dining restaurants, Fraser's Restaurant in Kings Park. I pride myself on being approachable, honest and proactive. More recently I have held the positions of Executive Chef for the Qantas Lounges network and Catering Manager for Rosewood Care Group. I have a passion for slow-cooked meats and my ideal night is an outdoor firepit with a slow-cooked meal and a nice Shiraz. I have been married for three years and my wife Steph and I have a beautiful nineteen-month-old son Maxwell. I apologise if I haven't yet had the chance to meet you. It has been a very busy couple of weeks with our team hitting the ground running! I look forward to meeting everyone at Maurice Zeffert and building many friendships with you all.'

ROSH HASHANA

Michael Meyer came to blow the Shofar each morning before Rosh Hashana, with support from Rabbi Dan Lieberman and Rabbi Shalom White and his daughter Mooshki when Michael was unavailable, and we thank them all. The sound of the Shofar brought joy to our Jewish residents and to those of other faiths.

AUGUST AND SEPTEMBER BIRTHDAYS





NEW VALUES AND STRATEGIC PLAN



The CEO held a workshop to develop Maurice Zeffert's new values with staff from all areas of the organisation, some hand-picked as it was felt they embodied the Zeffert Experience. The values will become a vehicle to bring alive the Zeffert Experience in everything we do, and to ensure staff remain accountable and exhibit the kinds of behaviour we expect. At the same time, a revised Strategic Plan was developed, condensing the strategic objectives from the previous Strategic Plan from four to two. The first objective encompasses the provision of the best care and services to all, and the second objective is to build on a foundation for success to ensure a strong future.

INSTALLATION OF FISH TANK IN KEREN OR

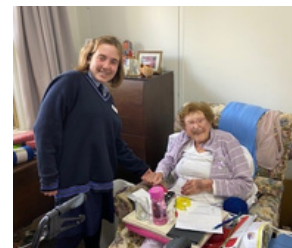
We would like to welcome our newest residents to KO - approximately twenty colourful and friendly fish! Residents enjoy assisting in the daily feeding of the fish. We would like to thank the Glick family, who kindly supported this initiative in memory of Graham, a former resident of KO.

VOLUNTEERS

We will never have enough words to thank our volunteers for the many ways they improve the lives of our residents. They enhance every activity, spend precious time with individual residents, record residents' Life Stories, light candles, lead services in the Shul, provide manicures, drive the bus, build sukkahs, enhance shabbat tables, help with arts and crafts, and so much more. Volunteering is an activity that benefits everyone. As well as providing a valuable service it can give purpose and meaning to the life of the volunteer, increase their self-esteem and promote wellbeing. We always have opportunities for more volunteers. If you have some free time, or you know someone who would benefit from volunteering, please email scherny@mzh.org.au or phone for a chat on 9375 4600.

BNEI VOLUNTEERS

We are thrilled to have started the Bnei Akiva Chessed Program. The Years 9-11 chanichim are visiting weekly and forming special friendships with the residents. They are having conversations, playing games, assisting with IT and sharing stories.



RABBI COLEMAN MORNING TEA

A wonderful morning tea was held in honour of Rabbi Coleman to thank him for fifty-six years of unwavering support and commitment to Maurice Zeffert. Many residents, families and friends came to celebrate with Rabbi, who gave an inspiring speech praising MZ and our staff. He also fixed a new mezuzah to the front door alongside a plaque honouring his service.





OPENING OF THE LOUISE HOFFMAN WELLNESS CENTRE



Thanks to a very generous donation from daughter Toby Freund and sons Danny and David Hoffman in honour of their mother, former resident Louise Hoffman, our Physio space had a major renovation. It is now a beautiful Wellness Centre complete with a spa room, floor to ceiling mirrors and state-of-the-art gym equipment.

AGED CARE EMPLOYEE DAY

A Morning Tea to celebrate Aged Care Employee Day was organised by the Manager of Residential Services, Samantha Hayward, and held in the staff room on Monday 7 August to acknowledge the work and commitment of our staff. It was fun, there were lollies and cupcakes in the MZ colours, and prizes for the lucky staff who played Spin the Wheel.



NEW STAFF UNIFORM COLOURS

Uniforms will become more streamlined to make the identification of staff in different departments easy for residents and families.

 <p>Nurses Blue Scrubs</p>	 <p>Carers Light Blue Polo Shirt</p>	 <p>Allied Health Navy Polo Shirt</p>
 <p>Kitchen Black</p>	 <p>Maintenance High Vis</p>	 <p>Laundry Green Polo Shirt</p>

YITZHAK YEDID CONCERT

We were delighted to have international composer Yitzhak Yedid join us for a Sunday piano concert, a Soiree of Israeli Music. He took his audience of residents, relatives, friends and staff on a journey which had everyone singing along to the tunes they know so well. Yitzhak enjoyed his time with us and has offered to come back in October for another concert.

DEMENTIA EDUCATION - ASHER SHAPIRO



The MZ Volunteers requested, and Asher graciously agreed to speak about his research into the literature on dementia. A crowd of approximately forty volunteers, relatives and friends listened to the talk, entitled 'Understanding Dementia', in which Asher explained the risks and causes of dementia, clarified misconceptions and offered advice to engage more effectively. The talk is available on YouTube at <https://www.youtube.com/watch?v=x6vB99maZV>



VARIOUS ACTIVITIES DURING AUGUST AND SEPTEMBER

A variety of other activities, including the following, took place during August and September.

RSPCA Cupcake Day

Animals are close to our hearts and we want to help where we can. So, the kitchen provided plain cupcakes, the residents helped decorate them, and they were sold at the kiosk for a gold coin donation, with the money raised going to the RSPCA.

Armchair Travel to Africa

In August, MZ Airlines' Captain Karen and her crew flew our residents to Southern Africa. Purser Shirley was once again in charge of the cabin crew, which included Sharon, Lilah, Naz and volunteer Jill. A highlight was the updated safety demonstration by Vice-Captain Edwina, which involved the creative use of a child's pool ring placed on and around various parts of her body. Executive Administrator Cheryl Ockwell did a wonderful job with the graphics, the food included the delicious South African Crunchies, and passengers and crew had a safe and enjoyable trip.

Dora Caverson's 109th Birthday

We are privileged to have celebrated Dora's 109th Birthday with a delicious morning tea in Tikva. She is the tenth oldest person in Australia according to an unvalidated source, the Global Supercentenarian Forum. City of Stirling Mayor Mark Irwin presented her with chocolates and a bottle of whisky to enjoy. The smile on her face lit up the whole room!

Picnic at Lakefarm Retreat

We are extremely fortunate to have the Silberman family as close friends of Maurice Zeffert. Monica, Debby and Michelle opened their home and grounds to a bus load of MZ residents. They made and served a delicious lunch, played games and talked the afternoon away. We thank them for their ongoing generous hospitality and friendship.

