



MAURICE ZEFFERT NEWS



The Zeffert Experience Award

We are delighted to share that Melodie Aldepolla has been selected as the recipient of the May Award. Melodie was nominated by a family member of one of our residents, who praised her as an exemplary caregiver and a valuable member of MZH. The nomination highlighted Melodie's compassionate and supportive interactions with residents, noting her gentle and encouraging manner of communication. Thank you, Melodie, for your dedication and hard work at MZH; we value and appreciate everything you contribute.

New Staff Members

We are pleased to welcome the following new staff to MZH in May 2024: Pema Lhaden - Carer, Resego Masenya - Carer, Ugyen Wangmo - Carer and Naum Korir - Registered Nurse.



May and June Birthdays

Wishing a very Happy Birthday to the following residents who celebrated their birthdays in May and June: Phil, Antonino, Jackie, Ruth, Roger, Ivan, Gloria and Kevin.





Aussie Hero Quilt

Resident Peggy Martin may be ninety-eight but she still vividly remembers driving troop trucks in the British Army during World War II. She shared her memories with members of WA's 13th Brigade Combat Service Support Battalion when she visited Irwin Barracks with Wellbeing Manager Sharon Cherny and a small group of interested residents in April. Coverage of the event came to the attention of Aussie Hero Quilts, an organisation that makes and sends quilts to Australian service men and women

serving overseas as a way of expressing gratitude for their work. Despite not currently serving in the Australian forces, Aussie Hero Quilts thought Peggy was a worthy recipient and she had a surprise visit from members of the 13th Brigade a few weeks later. They presented her with her personalised quilt and a letter from the quilter explaining how much the members of the Brigade were moved by her story. They also presented Peggy with a 13th Brigade lapel pin, making her a Brigade member and entitling her to join them on parade every Tuesday evening. And, knowing Peggy, she would love to go!



Celebrating Yom Ha'atzmaut

This year we celebrated Yom Ha'atzmaut with a delicious Israeli-themed lunch in the Hall. The blue and white theme of the Israeli flag was echoed in the decorations and the dress code for residents and staff. Sasha – without Phil as he was away – entertained our residents and everyone enjoyed a game of 'Who Am I'.



And Then We Celebrated Yom Yerushalayim

We came together a few weeks later to celebrate Yom Yerushalayim with another Israeli-themed lunch and, this time, a concert featuring entertainer, pianist and larger-than-life singer, Donald Hughes, who once again brought joy to our residents with old songs and singalongs in English and Hebrew.



International Nurses Day

On International Nurses Day, we marked the occasion with a morning tea, indulging in delicious cake and sharing stories about our collective years of experience. Each nurse was presented with a small token of appreciation for their dedication and hard work in caring for our residents.



Shavuot

On Shavuot it is customary to eat dairy and stay up all night learning Torah. The festive dairy meals made by Calvin and his Catering Team were wonderful and reminded our residents of years gone by. Cinnamon and sugar blintzes, baked cheesecake, borscht, and a superb orange and poppy seed cake inspired by an orange liqueur Calvin had been wanting to use in a recipe. We also thank our Shule Volunteers who carried out services and Ivan Cohen for his professional yizkor service. A reminder it is customary to give tzedakah in memory of our loved ones.





Thanking our Volunteers during National Volunteer Week

This year, we decided to 'go big' and applied for a National Volunteer Week Grant to expand on our usual volunteer afternoon tea - and we were successful! We are grateful to Volunteering WA, which administers the grant, and Lotterywest, which funds it.

The theme for Volunteer Week was 'Something for Everyone'. Our research showed that our volunteer cohort also give their time to a total of thirty other organisations, both Jewish and in the wider community, embodying the concept that there

is something – and sometimes more than one thing – for everyone who wants to volunteer. Everyone loves a t-shirt so we designed one with 'I Am a Proud MZ Volunteer' on the front and the list of the other thirty organisations on the back. Each volunteer at the afternoon tea received their t-shirt, with our thanks.

Other highlights of the event included

- Traci Gamblin, Deputy CEO of Volunteering WA presenting the 2024 Volunteer Week Awards to nine long-serving volunteers – Warren Austin, Jenny Garzoli, Gwen Carver, Andrew Carver, Janet Hall, Irene Matta, Judith Hirschfield, Tola Anderson and Leon Levy – whose combined service to Maurice Zeffert is 159 years;
- presentation of the Ben Gunzburg Award for Volunteer of the Year by Ruth Berman and Freda Gunzburg to Andrew Blitz;
- the announcement of Ohad Vider's name being added to the Rabbi Dr Shalom Coleman Honour Board; and
- volunteer Margaret Helfgott entertaining us with a piano recital and singalong.

